# CAS in Teens and Young Adults, 24 & 25 June 2019 Day 1: Differential Diagnosis, Principles of Motor Learning, Managing Treatment, DTTC

Day	1	Morning
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10:00- 10:15 (gb) 10:15-11:00 (kj)	welcome and introduction Presentation of CAS Over Time  o Treating CAS across ages o Practicing speech to get speech o Academic skills at risk o Prognosis for CAS resolving o Differential diagnostic criteria
11:00-11:30 (mt)	Parent Presentation  o Trajectory of CAS over time
11:30-noon (gb/kj/avz/mt)	Panel Discussion on Teens and Young Adults with CAS

### Day 1, Lunch

noon-12:30

## Day 1, Afternoon

12:30-13:00(avz)	Principles of Motor Learning o Videos o Hands-on practice
13:00-14:00 (avz)	Developing Speech Goals  o Case studies o Hands-on practice
14:00-15:00 (avz)	Managing Treatment o Selecting targets o Getting ready for therapy o Collecting data
15:00-16:00 (avz)	Dynamic Tactile and Temporal Cueing  O Role playing O Hands-on practice

# CAS in Teens and Young Adults, 24 & 25 June 2019 Day 2: ReST, Co-Occurring Fluency Disorders, Literacy, DYMTA/DEMSS

#### Day 2, Morning

08:00-09:30 (kj/avz) Restructuring Syllable Transitions (ReST)

o Videos

o Hands-on practice

09:30-10:15 (kj) Co-Occurrence of CAS and Fluency Disorders

10:15-11:45 (avz) Reading is Fundamental in CAS

#### Day 2, Lunch

11:45-12:30

#### Day 2, Afternoon

12:30- 14:30 (avz) STAR\* Approach to Intervention

• Final considerations in intervention

14:30-15:00 (gb, kj, avz) Questions & Answers

\* STAR is an acronym that stands for: Strategy or Technique, Activity, and Research. In the presentation, we present 26 strategies/techniques for treating CAS, 26 activities to incorporate those strategies/techniques, and provide a reference(s) from the research literature that supports the strategy and activity...l.e. Evidenced-based practices. The presentation is organized alphabetically from A-Z and contains many videos and examples.

#### **Speakers**

kj- Kathy Jakielski, Professor and Chair, Communication Sciences & Disorders, Augustana College, Rock Island, Illinois, USA

avz- Anne Van Zelst, Speech & Language Pathologist, Philadelphia, Pennsylvania, USA

mt- Mette Tofterup, parent to twins with CAS

#### Organiser

gb- Gohar Nikoghosyan-Bossen, MD, ENT specialist/ phoniatrician